



## THE DIADIC END-OF-PROJECT CONFERENCE

### Improving quality of life and wellbeing for patients with a serious illness AND their carers (Towards a family-centered approach to care)

*The DIAdIC project, along with the EAPC Reference Groups for Family Carers and Public Health and Palliative Care, is organizing a conference on the theme of patient- and family-oriented care on Wednesday, May 15, prior to the 13th World Research Congress of the European Association for Palliative Care (EAPC) in Barcelona.*

**Date:** Wednesday, 15 May 2024, 09.00-17.45

**Venue:** Aula Magna (160 places), University of Barcelona, Gran Via de les Corts Catalanes, 585, 08007 Barcelona

#### **Organisation committee:**

- DIAdIC Coordination Team\*
- EAPC: Cathy Payne

#### **Scientific committee:**

- DIAdIC Coordination Team\*
- Peter Hudson
- Clare Gardiner & Nick Odom (EAPC Reference Group for Family Carers)

#### **Aims of the conference:**

- 1) To **stimulate a paradigm shift** in policymakers, professional healthcare providers and other stakeholders towards dyadic care (addressing both the patient and the caregiver as a unit of care);
- 2) To **inform** about the outputs and results of the DIAdIC project;
- 3) To **collectively create strategies** to advance the implementation of dyadic approaches to care.

#### **Target audience:**

- *European and national professional bodies*
- *Researchers*
- *Policymakers (local, national and transnational)*
- *Healthcare professionals*
- *Representatives from patient/family carer advocacy groups*
- *Health insurance companies*
- *Civil society representatives*

## PROGRAM

<b>9:00 AM</b>	<b>REGISTRATION</b>
<b>10:00 AM</b>	<p><b>Welcome</b></p> <p>Speaker: Jesus Gonzalez-Barboteo (Catalan Institute of Oncology, Consultant Palliative Care Physician. Palliative Care Department)</p>
<b>10:15 - 11:15 AM</b>	<p><b>Setting the keynote</b></p> <ul style="list-style-type: none"> <li>- Joachim Cohen - DIAdIC project Coordinator, (20 minutes): Introduction: what lies ahead: describing the care needs and potential of patients with serious illness and their carers, and presentation of the conference.</li> <li>- María Lasierra Losada - WHO Regional Office for Europe, the Cancer team (SNI/ NCD), (20 minutes): Patient-family centered care as attention points in policy and practice.</li> <li>- Stecy Yghemonos – Director of EuroCarers (20 minutes): What are the challenges we would like to see addressed? What do we see as solutions?</li> </ul>
<b>11:15 AM - 1:00 PM</b>	<p><b>The dyadic philosophy of care</b></p> <ul style="list-style-type: none"> <li>- Clare Gardiner (25 minutes): Family caregiving in palliative and end of life care: challenges and policy solutions</li> <li>- Nick Odom (25min): State of the Science in Interventions for Serious Illness Family Carers: How far have we come? Where do we go next?</li> <li>- Laurel Northouse (25 minutes): FOCUS - a dyadic program of care: history, evidence, challenges, and lessons learned over 20 years</li> <li>- Katherine Bristowe (20 minutes): But I don't have a family carer: risks, limitations and solutions in dyadic approaches of care</li> <li>-Q&amp;A</li> </ul>
<b>1:00 - 2:00 PM</b>	<b>LUNCH</b>
<b>2:00 - 3:15 PM</b>	<p><b>Outputs and findings from the DIAdIC project</b></p> <ul style="list-style-type: none"> <li>- Aline De Vleminck (20 minutes): Comparing a nurse-led face to face and a self-administered web-based dyadic intervention with standard care: development and results of the FOCUS+ and iFOCUS programs</li> <li>- Suzanne Guerin (20 minutes): understanding what works, how and why in FOCUS and iFOCUS</li> <li>- Peter May (15 minutes): The costs and benefits FOCUS and iFOCUS: results of the economic evaluation</li> <li>- Peter Hudson (10min): The effectiveness-implementation trial of a dyadic digital health intervention in Australia (FOCUSau)</li> <li>- Q&amp;A</li> </ul>
<b>3.15-3.30 PM</b>	<b>COFFEE BREAK</b>

<b>3.30-4.55 PM</b>	<b>The perspective of the patient-carer dyad and the healthcare professional</b> - Presentation by a patient and/or caregiver (20 min): The meaning and impact of the FOCUS+ and iFOCUS interventions - Kevin Brazil (20 minutes): The meaning and impact of psychoeducation dyadic programs to nurses who delivered the FOCUS+ program - Orphé Matthys (20 minutes): The implementation of a psychoeducation dyadic program in practice: a case example - Vincent Van Goethem (20 minutes): Promise and pitfalls of eHealth and mhealth as methods to deliver psychoeducational support to patients and their carers (discussing findings from DIAdIC and other programs) - Q&A
<b>4:55 - 5:30 PM</b>	<b>Panel discussion</b> Translating knowledge into societal change: panel will discuss different elements that were presented during the day and address a number of questions (will be provided ahead of the discussion) regarding implementation, policy, etc.  <u>Moderator:</u> Philip Larkin <u>Panel:</u> Clare Gardiner, Laurel Northouse, María Lasierra Losada, Cathy Payne, Peter Hudson
<b>5:30-5:45PM</b>	<b>CLOSING</b>

*\*Please address your questions to the DIAdIC Coordination Team:*

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